



The Duke of Edinburgh's Award is an international programme to encourage personal growth in young people by encountering new and enriching experiences. It has three levels:

- **Bronze:** 14+ years of age
- **Silver:** 15+ years of age
- **Gold:** 16+ years of age

Each level of the Award involves four areas:

- **Skills:** developing the creative side
- **Service:** contributing to the community
- **Physical recreation:** progressing in a physical activity
- **Expeditions:** journeys through the Australian bush



Many activities that students already do can be counted towards the Award. It's all about doing your best and expanding your horizons at your own pace. The award is a valuable addition to your CV, as well as being extremely satisfying and great fun!

Killarney Heights High School is a registered operator and provides experienced supervision, training and advice. For further information regarding the Award please feel free to contact the school.

Mr Collins – Award Coordinator



“Dukes” Overview

| Bronze 14 years and over | Silver 15 years and over | Gold 16 years and over |
|---|---|---|
| <p>Service Choose one form of Service and undergo appropriate briefing and then undertake practical service, 15 hours spread over 3 months. Eg. care of the elderly, environmental care, RSPCA, WIRES</p> <p>Or Complete an appropriate course of specialised training. Eg. first aid, life saving, police service.</p> <p>Skills Choose a skill and follow it for a minimum of 6 months. Eg. computing, art, photography, musical instruments.</p> <p>Expedition Undertake and complete training, one practice trip and then complete a test expedition of 2 days including 1 night. Expeditions may be bush walking, canoeing, cycling, boating or horse riding</p> <p>Physical Recreation Involvement and improvement in overall performance and knowledge of one chosen activity and perform regularly for a minimum of 20 hours spread over at least 8 weeks. Eg. cricket, basketball, football, abseiling, rock climbing</p> | <p>Service Choose one form of service and undergo appropriate briefing and then undertake practical service, 30 hours over 6 months</p> <p>Or Complete an appropriate course of specialised training.</p> <p>Skills Choose a skill and follow it for a minimum of 6 months for those who have completed Bronze</p> <p>Or 12 months for direct Silver entrants.</p> <p>Expedition or Exploration Undertake and complete training and 2 practice trips (or at least one if they have already completed this section at Bronze in a similar mode) and then complete a test Expedition of 3 days and 2 nights</p> <p>Physical Recreation Involvement and improvement in overall performance and knowledge of one chosen activity and perform regularly for a minimum of 30 hours and spread over at least 10 weeks.</p> | <p>Service Choose one form of service and undergo appropriate briefing and then undertake practical service at least 60 hours over 12 months</p> <p>Or Complete appropriate course of specialised training and complete at least 40 hours practical service related whenever possible to the training undertaken over the remainder of the 12 months</p> <p>Skills Choose a skill and follow it for 12 months for those who have completed Silver</p> <p>Or 18 months for direct Gold entrants</p> <p>Expedition or Exploration Undertake and complete training and 3 practice trips (or at least two if they have completed this section at Bronze or at least 1 if they have completed this section at Silver) and then complete a test expedition of 4 days and 3 nights.</p> <p>Physical Recreation Involvement and improvement in overall performance and knowledge of one chosen activity and perform regularly for a minimum of 40 hours spread over at least 12 weeks</p> <p>Residential Project Undertake some shared activity either through voluntary service or training away from home for a period of 5 consecutive days</p> |



Participants may complete awards up to the age of 25 years, and must work directly through a registered provider. However, Killarney Heights High School is registered and provides experienced supervision, training and advice to student participants. The school also organises and supervises expeditions, according to Departmental guidelines. Our first one for 2007 is planned for the end of the second week in Term 2: Friday 4th & Saturday 5th May.

A one-off fee of \$80 is charged when students start the Award. This covers registration, record book and expedition training plus general running costs. Some small additional expense may be necessary for expeditions: to cover transport, park fees etc. The school has a range of equipment that it is able to be borrowed, on a first come first served basis, although this is a rather limited supply. Friends and family are often willing to lend equipment for expeditions as well.

Progress is monitored by the use of an official record book. Students are insured and registered participants only after they have obtained this book then completed, signed and returned the slip inside.

It would be great to have a sizeable group of new participants in 2007. To enroll simply return the slip below to A block office with \$80 payment

Mr K. Collins
Award Coordinator, KHHS.

New Enrolment – Duke of Edinburgh's Award Scheme KHHS

Name of Student:

Year & Roll call:

Payment enclosed: YES / No

Signature of parent: ***Date:***